



Reasons to say thank you to God

“For the privilege of loving and being loved, holding a child’s hand, receiving a baby’s smile, seeing a beautiful flower...

...for the wonder of life and all its amazing intricacy and beauty...

...for the arms that uphold and the hands that heal...

...for each other.”

“There is no better way to thank God for your sight than by giving a helping hand to someone in the dark.” Helen Keller

“The steadfast love of the Lord never ceases; his mercies never come to an end: they are new every morning; great is his faithfulness.” The Bible, Lamentations 3; 22-23

Reasons to just say thank you

“I’m so thankful for friendship. It beautifies life so much” L M Montgomery
(*Anne of Green Gables*)

“We must find time to stop and thank the people who make a difference in our lives.”

“Let us be grateful for people who make us happy; they are the charming gardeners who make our hearts bloom.” Marcel Proust

“When you practise thankfulness, there is a sense of respect towards others.”
Dali Lama

And a last word...

“You ought to be thankful
A whole heaping lot
For the places and people
You’re lucky you’re not”
Dr Suess (*Did I ever tell you how lucky you are*)